

Registration

Register online at www.tinyurl.com/GDFBike

Register by September 8 to get your free 2010 Bike-A-Thon t-shirt & raffle entry at the event.
(maximum of 2 shirts for a family registration)

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ Age (as of 9/12/10) _____

E-mail _____

Ride Choice

- 5-mile fun ride 10-mile 20-mile
 30-mile 50-mile 65-mile

Individual Registration:

- \$35 early registration (before August 20, 2010)
 \$45 registration
 \$20 children (17 and under)

Family Registration

(up to 2 adults and 2 children 17 and under):

- \$60 early family registration (before August 20, 2010)
 \$75 family registration

Total number of riders _____

(Please attach names and ages of all riders)

- Enclosed is my additional gift of \$ _____

Please designate my registration fee/donation to:

- Guide Dog Foundation for the Blind, Inc.
 America's VetDogs – The Veteran's K-9 Corps
 General organizational support

Total amount to be charged: \$ _____

Please charge my:

- Visa MasterCard Amex

Card No. _____ Exp. Date _____

Signature _____

Please make checks payable to the
Guide Dog Foundation Bike-A-Thon

Mail payment & registration to
Guide Dog Foundation for the Blind
371 East Jericho Turnpike, Smithtown, NY 11787

Please detach and mail registration form

5-Mile Fun Ride

For younger, beginner cyclists and their families. Participants will be escorted by the Suffolk Bicycle Riders Association.

- Snacks and drinks provided.
- Return to the Foundation campus for a picnic lunch, tours of the training center, and puppies to pet!



Helmets are required for all riders.

In recognition of your participation:

All registered riders return to the Guide Dog Foundation for an after-the-ride celebration.

- Picnic from 11 a.m. to 4 p.m.
- Music
- Raffle prizes
- Tour our campus and learn about the Guide Dog Foundation and America's VetDogs
- Puppies to pet!
- All registered riders receive a free first-year electronic membership in the Suffolk Bicycle Riders Association
- All riders who give or raise over \$75 will receive a Guide Dog Foundation cap

If you have any questions, please call (631) 930-9000 or visit www.GuideDog.org for directions & more information.

Our missions



The Guide Dog Foundation seeks to improve the quality of life for people who are blind or visually impaired or who have other special needs.



America's VetDogs helps those who have served our country honorably to live with dignity and independence.

Bike-A-Thon Sponsors

Suffolk Bicycle Riders Association
www.sbrweb.org

Campus Bicycle & Fitness

Carl Hart Bicycles

Cycles Plus

371 East Jericho Turnpike, Smithtown, NY 11787

(631) 930-9000

www.GuideDog.org

www.VetDogs.org

Follow us on Facebook:

www.facebook.com/GuideDogFoundation

www.facebook.com/AmericasVetDogs

Freedom Ride

21st Annual

Second Sight® Bike-A-Thon

Sunday, September 12, 2010

to benefit



Leaving from the

Guide Dog Foundation Campus
371 E. Jericho Turnpike, Smithtown, NY 11787

Rain or Shine

About the Bike-A-Thon

Bike-A-Thon 🐾 Sunday, September 12, 2010

September 12, 2010

from the Guide Dog Foundation's Campus

The 21st Annual Second Sight® Bike-A-Thon Freedom Ride is a tour of Long Island's North Shore to benefit both the Guide Dog Foundation for the Blind® and America's VetDogs®.

Leaving from the Guide Dog Foundation campus in Smithtown, NY, rides range from a 5-mile fun ride to a challenging 65 miles. Depending on the length of the route, riders will tour St. James, Head of the Harbor, Stony Brook, Old Field, Port Jefferson, Belle Terre, and points east.

The 5-, 10-, 20-, and 30-mile tours are escorted by volunteer marshals from the Suffolk Bicycle Riders Association (SBRA). The 50- and 65-mile tours are unescorted. All riders are provided with cue sheets, and roads are marked along the route.

SAG support vehicles can assist riders with difficulties. Rest/water/food stops are available along the routes.

65-mile 8:00 a.m. start. Unescorted. Course is very hilly and challenging with 2 break stops.

50-mile 8:30 a.m. start. Unescorted. Course is very hilly and challenging with 2 break stops.

30-mile 9:30 a.m. Escorted. Course is very hilly and challenging with 2 break stops.

20-mile 10:00 a.m. Escorted. Course is hilly and challenging with 1 break stop.

10-mile 10:30 a.m. Escorted. Course is flat and easy. No break stops.

5-mile 11:00 a.m. Escorted. Course is flat and easy. No break stops.

Helmets are required for all riders.

Pledges will be accepted the day of the ride.

Pledges are not required in order to ride in the Bike-A-Thon.

Register by September 8 to get your free 2010 Bike-A-Thon t-shirt & raffle entry.

(T-shirts and other merchandise will be available for sale.)

Leaving from the Guide Dog Foundation Campus, 371 East Jericho Turnpike, Smithtown, NY 11787

Directed parking at Smithtown Senior Citizens Center

Although it is not a requirement to get sponsors in order to ride in the Bike-A-Thon, please consider doing so. Every dollar raised helps the Guide Dog Foundation and America's VetDogs continue to achieve their missions.

Name of Rider _____ Address _____

Sponsor	<i>Name and Address of Sponsor (please print)</i>	Donation
Total Donations Collected		

All riders who give or raise over \$75 will receive a Guide Dog Foundation cap.



*Remember to collect your pledges in advance and bring them to the Bike-A-Thon!
This form can be photocopied if you need additional pledge sheets.*



Raise a Puppy...

One day, puppies from the Guide Dog Foundation will provide enhanced independence and mobility to a person with disabilities.

To help them grow up to be confident dogs, they live with volunteer foster families called puppy walkers for about a year.

Puppy walkers teach basic obedience and expose the pups to everyday living situations, while surrounding the pups with love and attention.



To learn how you can raise a puppy, visit us at www.GuideDog.org and click on the Puppy Program link or call 866-282-8046.